

Light Relief

Geoff Cotton and Helen Foster

Award-winning comedy show brings Fifty Shades and stars to Fringe



Light Relief is an award-winning comedy show from London at Sweet Grassmarket, featuring songs, sketches, stand-up, news, sport, current affairs and very special guests. They include an exclusive preview of the forthcoming Hollywood movie `Fifty Shades Of Grey`, James Bond, Page Three Girl Traci, Sacha Distilled, footballer Terry Johnson, three UK political party leaders, Elizabeth Hurley, Shane Warne and opera diva Helena Frostova. Songs include `The Vegetarian Blues`, `Page Three Girl`, `Vive La France`, `I'm An Old James Bond`, `Football Star` and `Diva`. Sketches include an expose of Edinburgh's secret sleazy underbelly, three UK Party Political Broadcasts, a suicide helpline and TV commercials for Grecian 2000, Britannia Rescue and 888 Poker. All this, and a caption competition to win an excellent bottle of wine...

Winner - Best Musical Act – Solo Festival 2012
“Real originality and highly entertaining” – The Stage
“Old James Bond – a melancholy delight” – A Younger Theatre.com

Light Relief is written by Geoff Cotton and performed by Geoff, a comedy performer/actor/presenter/voice-over artist/scriptwriter and songwriter and the multi-talented actress/ singer/presenter/ musician, Helen Foster. Geoff's acting credits include Spooks (BBC1), Dream Team (Sky 1), How To Have Sex After Marriage (Channel 5), Hot Air And Humbug (YouTube/Internet) and the forthcoming feature film, `Isabelle`. As a presenter, he has worked on four Champions League Finals, three International Gaming Awards, the Frontier Awards in Cannes, a recent live webcast in French and many other live events. Geoff began his comedy career writing for the fringe show Newsrevue in London. In addition to comedy songs, he also writes and sings proper songs, including `Leaves On The Line`, `The Bottom Line` and other songs without line in the title! He has recently written the songs for the musical `The Queen's Wrist`, opening in London in September 2013 and will soon begin writing the songs for the forthcoming WAG! The Opera...

www.geoffcottongsongs.com

Helen Foster is an actor, singer, improviser, presenter and clown. She has performed in a number of long-form Improvathons in England, Ireland and Canada with Extempore Theatre, Die-Nasty and Improprity. She is one half of comedy/hosting double-act Ladyface. Helen trained in Physical Theatre, Dance-Theatre and clowning at the University of Plymouth, (BA Theatre and Performance) and in Acting at LIPA. (MA Acting) Theatre Credits include Macbeth (Trickster Theatre), Upside Down Wrong Way Round (Cocoloco), Babelle (ELAN Frantoio), and The Last Eden (Dirt Contained). She plays blues harp in the show and accordion for fun. Represented by DQ Management.

“Every night you can win a bottle of my wine from my chateau ”
- Sacha Distilled

No other show at the Edinburgh Fringe will offer this exclusive movie preview and outstanding array of star guests!

Sweet Grassmarket:International 4 • Apex International Hotel, 31-35 Grassmarket, EH1 2HS
August 1-25, 2013 • 8.15pm (1 hour) • 16+ • Tickets £8.50/£5.00 • Box Office 0131 243 3596

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